

What is claimed is:

1. An antivibration element comprising:
 - a coil spring having an end section and a transition section extending from said end section;
 - a guide member;
 - 5 said end section fixed to said guide member; and,
 - said transition section being guided on said guide member with play.
2. The antivibration element of claim 1, wherein said end section is fixed form tight on said guide member.
3. The antivibration element of claim 1, wherein said coil spring has a plurality of turns; and, said end section extends over a number of said turns in a range of $3/4$ -turn to greater than 2-turns.
4. The antivibration element of claim 3, wherein said number of turns is greater than approximately $1 \frac{1}{4}$ -turns.
5. The antivibration element of claim 3, wherein said transition section extends over a number of said turns in a range of approximately greater than one turn to four turns.
6. The antivibration element of claim 3, wherein said coil spring has first and second ends twisted relative to each other.
7. The antivibration element of claim 6, wherein said first and second ends are twisted relative to each other by approximately a

half turn.

8. The antivibration element of claim 3, wherein said end section is a first end section and said coil spring has a second end section; and, said guide member is a first guide member and said antivibration element comprises a second guide member; and, 5 said coil spring is guided at said first and second end sections on said first and second guide members, respectively.

9. The antivibration element of claim 1, wherein said first and second guide members being configured as first and second plugs projecting into the interior of said coil spring from opposite ends thereof; and, first and second guides being formed on said, 5 first and second plugs, respectively.

10. The antivibration element of claim 9, each of said first and second plugs having receptacles formed therein for accommodating an attachment device.

11. The antivibration element of claim 9, wherein said first and second guides are first and second spirally-shaped slots formed in corresponding ones of said first and second plugs; and, at least a portion of said turns of said coil spring being guided in 5 said first and second spirally-shaped slots.

12. The antivibration element of claim 11, wherein said coil spring defines a longitudinal center axis; and, wherein, in said transition section, the spacing (a, a') of the base of said slot to said longitudinal center axis becomes less with increasing 5 distance from the end section.

13. The antivibration element of claim 12, wherein said slots each have a trapezoidally-shaped cross section.

14. The antivibration element of claim 13, wherein said trapezoidally-shaped slot has first and second flanks defining respective angles (α , β) with said longitudinal center axis of said coil spring which are each less than 90° .

15. The antivibration element of claim 14, wherein said angles (α , β) lie in a range of 30° to 60° .

16. The antivibration element of claim 11, wherein said slots each have a circular-arc-shaped cross section.